



Research linking physical education to improved thinking and learning in school

# MEMORANDUM OF UNDERSTANDING (MoU)

## CONSENT FORM

Please sign both copies of the Consent Form, retaining one and returning the second copy to NFER in the pre-paid envelope provided. Alternatively, please scan and email the form to [fittostudy@nfer.ac.uk](mailto:fittostudy@nfer.ac.uk)

<b>School Name:</b>	
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Please read the following statements and initial the boxes if you agree with the statements:

*Please initial each box*

I confirm that I have read and understand the information sheet for the above study and I have passed a copy of the information sheet to my PE Dept. I have had the opportunity to ask questions, and have had these answered satisfactorily.

This is a project that aims to test whether the nature of PE lessons affects pupils' fitness, wellbeing, cognitive function and academic attainment. I understand that my school will be randomly assigned to deliver our normal lessons or the new PE programme.

I understand that my school's participation is voluntary and that I am free to withdraw my school at any time, without giving any reason and without penalty.

I agree to facilitate the activities involved in the 'Fit to Study' research project as described in the information sheet, including administering the fitness tests, online questionnaires and cognitive assessments at the beginning and end of the research period, and arranging for my Year 8 PE staff to attend the training if my school is randomly selected to deliver the new PE programme.

I agree to provide information for, and facilitate the activities required for, NatCen Social Research's Independent Evaluation, including completing surveys, observations, interviews with relevant staff and pupils, and supporting the administration of pupil attainment tests.

I agree to share background data (full name, gender, date of birth, Free School Meal eligibility, form group and UPN) about about my current Year 7 pupils (Year 8 2017/18 academic year) with NFER, the 'Fit to Study' research team, and the evaluation team at NatCen Social Research.

I understand that the 'Fit to Study' research team will store information collected from individual members of my school either in a secure digital form, in a locked filing cabinet, or under identifier codes rather than names. Designated individuals from the research team and NatCen Social Research may view documents containing participants' names when monitoring or auditing the study.

I give permission for these individuals to view this personal data. Maintenance of confidentiality of information is subject to normal legal requirements.

I understand that the Fischer Family Trust will collate and anonymise pupil background and test data for upload to the UK Data Archive, to be made available in an anonymised form with restricted access for research purposes.

I know whom I can contact if I have any concerns or complaints about the study.

I understand that this project has been reviewed by, and received ethics clearance through, the University of Oxford Central University Research Ethics Committee.

I agree that my school will take part in the above study.

Name \_\_\_\_\_

Date \_\_\_\_\_

Signature \_\_\_\_\_

/P.T.O



Funded by the Education and Neuroscience Programme. Grant Ref. 2681





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## REPLY FORM

Please complete the following information and return to NFER using the pre-paid envelope provided or scan and email to [fittostudy@nfer.ac.uk](mailto:fittostudy@nfer.ac.uk) Please complete Part 1, then Part 2 or 3 as appropriate.

### PART 1

	Are your details correct?	Please amend any incorrect details.
School Name		
Head Teacher		
Telephone		
Fax		
Email		

### PART 2

My school **will** take part in this evaluation and agrees to the conditions stated in this Memorandum of Understanding (MoU)

Head Teacher/SMT signature: .....

Name of nominated 'Fit for Study' contact in the school (ideally the Head of PE or a Member of the PE Dept.):

Mr/Mrs/Miss/Ms/Dr: .....

Job Title: .....

Contact Phone Numbers: Work.....Mobile:.....

Contact Email Address: .....

Please indicate the number of Year 7 students currently on roll and the number of classes

Number of Year 7 pupils	Number of Year 7 classes

### PART 3

My school is unable to take part in this evaluation.

Please tick

Thank you for completing this form. Please return the form to NFER using the pre-paid envelope provided, or scan and email to [fittostudy@NFER.ac.uk](mailto:fittostudy@NFER.ac.uk)



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